

## **Appendix B: Approved Birthday Treat List**

Your child's teacher will let you know if there are any food allergies in your child's classroom and may provide you with additional restrictions.

**Home baked goods may not be brought to school.** This is a state regulation.

### POPSICLE OPTIONS:

\*Minute Maid- Soft Frozen Lemonade Squeeze Tubes or Soft Frozen Lemonade Raspberry Squeeze Tubes

\*Pop-Ice- fruity flavors only

\*Fla-Vor-Ice- fruity flavors only

\*Outshine Fruit Bars or Outshine Fruit and Veggie Bars- NO CREAMY COCONUT FLAVOR (contain milk) and NO SIMPLY YOGURT BARS (contain milk)

### OTHER BIRTHDAY SNACKS:

\*JELL-O Cups- Jell-O brand only-NO PUDDING (contains milk)

\*Teddy Graham's

\*Trader Joe's snickerdoodles

\*Enjoy Life snickerdoodles

\*Oreo's- Original kind only

\*Fresh fruits or vegetables

(GMPS Staff will clean/cut all fruit and vegetables brought to school. This may NOT be done at home per DCFS regulations)

### **Important Considerations:**

- All labels from approved snack list MUST be read for "May contain peanuts/ tree nuts" or "processed in a facility that processes products that contain peanuts/tree nuts" or "contains peanut/ tree nut ingredients." Foods that present this verbiage on the label may NOT be brought into classrooms.
- Product ingredients may change at any time. GMPS reserves the right to refuse/ return a birthday treat brought in if it does not meet the school wide or classroom specific restrictions. Our goal is to keep all children safe.